“Residential Home Modification”

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Benefits of Home Modifications

- Safety
- Independence
- Less Reliance on Others
- HCBS Less Expensive than Nursing Home Care
- Increased accessible housing stock
Types of Modifications

- Ramps
- Roll-in Showers
- High-Rise Commodes
- Grab Bars
- Roll-under Sinks
- Widen Doorways
- Ceiling Lifts
- Stair lifts
- Low-Tech Solutions
Low Tech Home Modifications

- Remove clutter such as magazine stacks & books out of foot traffic areas
- Remove throw rugs or use trip-resistant throw rugs in bathrooms and kitchens
- Move furniture to allow at least 36” of walkway space around: sofas, dining tables, easy chairs
Other Types of Home Modifications

- Lower light switches and raise outlets so they are within easy reach
- Use toggle light switches
- Anti-glare lighting for those with visual impairments
- Strobe lights
- Visual signaling
- Smoke detectors
Other Types of Home Modifications, Cont.

- Lower kitchen cabinets for easy reach
- Add pull down shelves to upper cabinets
- Adjustable shelving
- Front control stove
- Pull out shelves
- Offset hinges
Other Types of Home Modifications, Cont.

- Replace round door knobs with lever type handles
- Replace double handle type shower valves with easy-use anti-scald single valve
- Ramp entrances/ zero-step landscaping
- Adjustable-height clothes rods and shelving
- Easy operating sliding windows
- Automatic door openers
Other Types of Home Modifications, Cont.

- Braille labels
- Wireless and remote control environmental controls
- Automatic soap dispensers and hand dryers
- Handrails in hallways
Other Types of Home Modifications Cont.

- Super assist poles in bathrooms and near bedside
- Portable Durable Medical Equipment (DME), such as shower chairs and benches
- High-rise commodes and Toilevators
3 Main Funding Sources

- Arizona Long Term Care System (ALTCS)
- City Programs
  - Community Development Block Grant - CDBG
    - Mesa
    - Phoenix
    - Tucson
    - Scottsdale
    - Peoria
    - Surprise
    - Pima County
    - General City Funds
    - Tempe
- Private Pay
Other Community Resources

- Department of Developmental Disabilities
- Veterans Administration - VA
- Foundation for Senior Living - FSL
- Habitat for Humanity
- Area Agency on Aging
- Duet
- Rebuilding Together
Ability360’s Private Pay

- Entire home assessment/coord. for $200
- Detailed report including modification options
- Option to purchase contractor list for $100
- Project is funded entirely by consumer
Consumer Stories

Female in her mid-60s

- Could not get in and out of bed or use commode without assist pole
- We installed 2 new assist poles
- Consumer able to independently access bed and commode
Consumer Stories, Continued

Female who is 80 years old.

- The consumer has severe arthritis in both knees.
- The consumer ambulates with a rollator walker and has difficulties going up and down high steps.
- We installed a concrete ramp at the door.
- She can now attend medical appointments and be more involved in the community
Consumer Stories, Continued

Consumer in her mid 50s

- Difficulties stepping into shower due to leg instability without help from others
- We installed grab bars and tub cut
- She now has increased independence in performing hygiene activities
Consumer Stories, Cont.

75 year old male who is paralyzed on the right side of his body, is incontinent and has Myofascial pain.

- Could not access his bedroom or bathroom with his wheelchair
- We installed roll-in shower and door widening
- Consumer able to independently access bedroom and bathroom and complete hygiene activities more independently
Consumer Stories, Cont.

Female in her late-60s

- Uses a wheelchair and could not leave her home which had outside steps
- We installed a straight ramp at the door
- She can now attend medical appointments and be more involved in the community
Contact Info

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