Your Journey Map

Brooke's Butterfly Touch: Creative Storytelling Services (BBT) strives to help others discover the power in sharing their own stories with their chosen community and/or audience in order to cultivate hope, healing, acceptance, and new opportunities. This journey map will help you organize the main points and message of your story.

Where have you been?	Where are you now?	So what/why/what now?
		→

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Your Journey Map

• Life experience, trauma, limitations or diagnosis • Key people in your story • When/where • Turning point (what made you seek help) • Your beliefs	• Your recovery process • Lessons learned • Things you are grateful for • Your current challenges • Gifts and talents • Your current job/circumstances	• What's your message or reason for sharing your story? • Your new passions/dreams/goals • How do you want to change the world? • What would you like people to know about you?

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Your Journey Map

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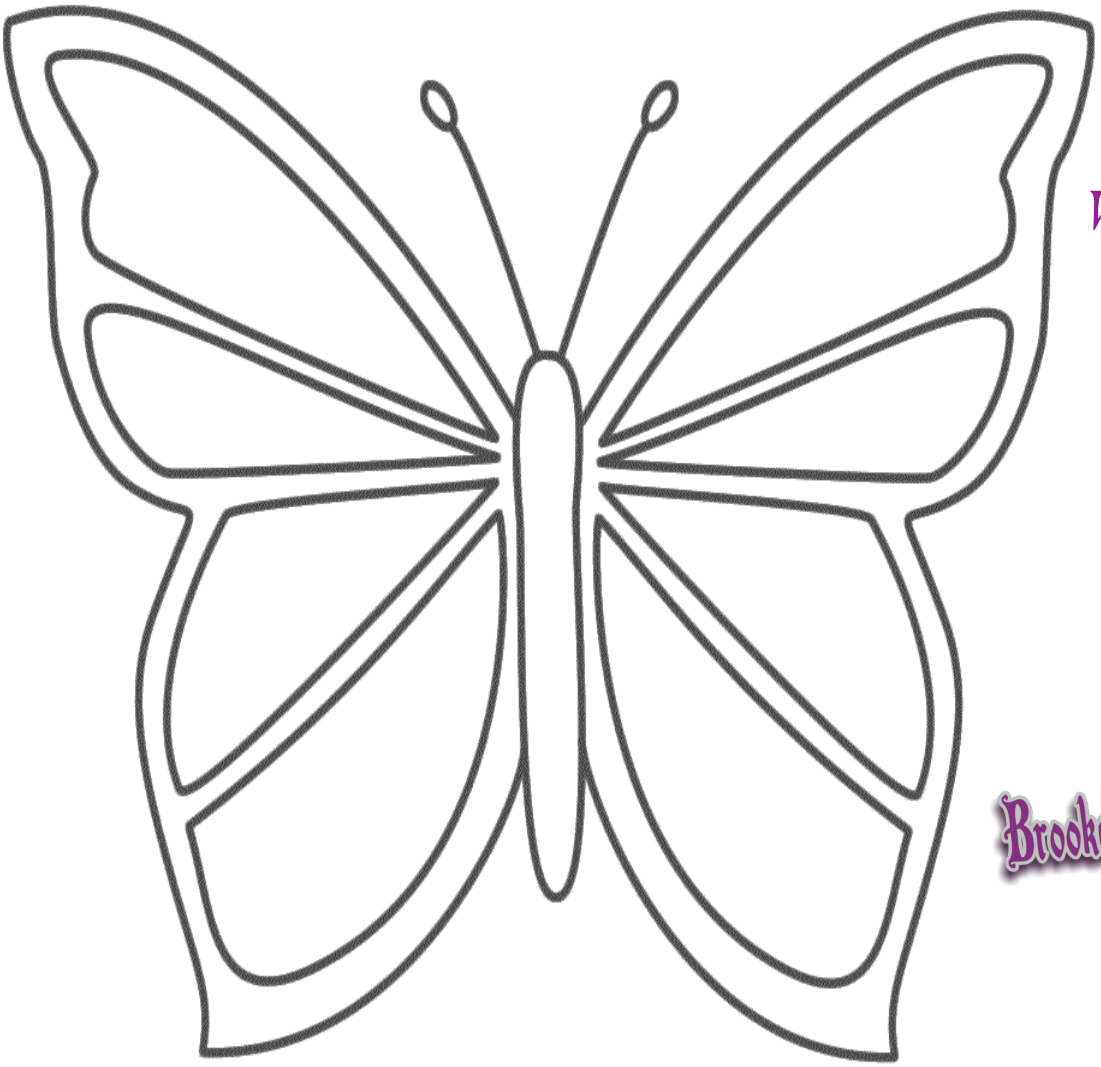
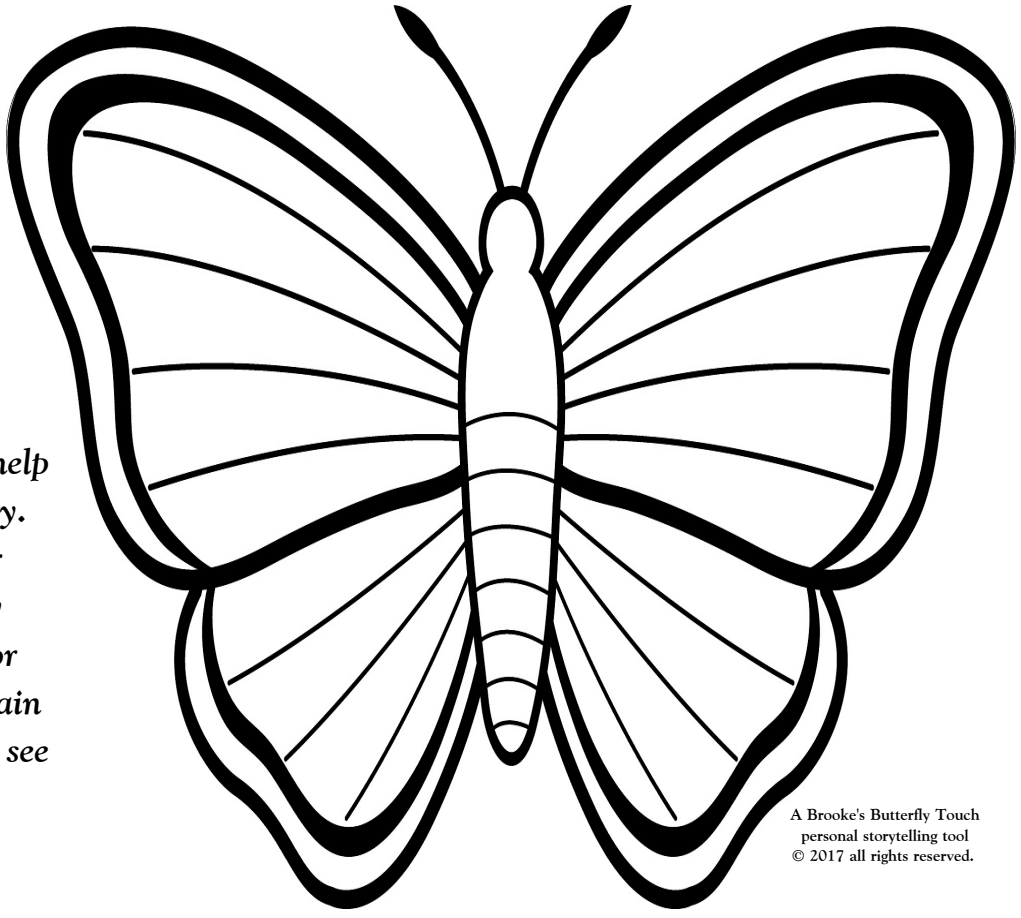


Who?
What happened?
Where?
When?
How?

Brooke's Butterfly Touch Mind Maps

Why?
So what?
What now?



Use these butterflies to help you visualize your story. Start by putting your topic/title in the body (center). Then write or draw your ideas and main points in the spaces and see how they connect. Make them fun and colorful!

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Brooke's Butterfly Touch Tips and Tricks
For Using AT/AAC Devices with Creative Media to Share Your Story

First Things to Think About:

- Who is your audience? (advocacy/support group, classmates, potential employers, colleagues, general public, etcetera)

- What message(s) are you trying to communicate? This includes things such as: lessons learned from past experiences, your skills and talents, work experience, your interests, etcetera.

- Which story format would best suit the situation in which you are sharing your story? (presentation slideshow or digital story/video)

General Tips and Tricks

- If you are sharing your slideshow with a group, always preprogram your speech into your AAC device and/or record your narration in the slides themselves. This will help your story move at a steady pace and keep your audience's attention from wandering while you type. You can also record your timings for slide changes if you have trouble switching them yourself.

- Play around with the voice, pronunciation and speech rate as necessary on your AAC device to ensure your narration is as easily understandable as possible.

    - Sometimes putting in extra commas will help the clarity, even if they're in places not used in normal written work.

- Always use your AT/AAC devices in ways that feel most natural to you when telling your story. It's about letting people **see and appreciate YOU** beyond your disability, not impressing them with "cool AT tricks."

- In iMovie, the volume level, placement and length of each audio clip (music or narration) can be adjusted separately, as needed. When recording narration, leave a little space between your device and the computer microphone to prevent muffling and static.

- When appropriate, throwing in a bit of humor will help you connect with your audience. But, most importantly, ***always be yourself!***