Daring to be Me: Growing up with CP
Disclosures

• I have no financial or non-financial disclosures (and neither does Deanna Wagner, who is helping with this presentation).

• AzTAP provides a discount of $100 for speakers.
THE MYTH

External research evidence is more important than practitioner expertise and client preferences/values in the process of making evidence-based clinical decisions.

NOOOOOOOOOOOOOO!!!!!!!!!!

(ASHA, 2019)
Learning Outcomes

1. Participants will describe at least 2 ways that attitude toward disability vs ability can impact life outcomes.

2. Participants will be able to find resources to purchase (or borrow) at least 3 different adapted tools that Kristen has used while growing up with CP.

3. Participants will be able to point to at least 2 social media resources that can be used to address important considerations of evidence-based practice: client preference and clinical experience.
Attitude toward disability vs ability can impact life outcomes

• Kristen will say something about how lucky she is to have parents who chose to focus on what she wanted to do with her life, not on how living with CP would limit her life.

• She also wants to share a little about how that contrasted with the attitudes of people in college and the OT world.
Life Experiences

• Kristen will share stories about growing up with CP.

• Listen for examples of adaptations that helped her achieve her goals.

• Let us know when to pause and we will write it on the list.
Retirement

• Life doesn’t stop at retirement

• Since retiring from her school job, Kristen volunteers to help families with AAC and has become a daring adventurer (kayaking, skiing, hiking mountains).
Tools and Adaptations

Does anybody know if any of the things I discussed are still around and will be used - the tape recorder, the electric typewriter, bike? How will you purchased these items or will you?

Now we have social media which I didn’t have growing up. The internet is open for parents, therapists, teachers and others to talk to and get ideas from.

We still have the catalogs, but also have access to the internet to look up bikes, sock adapters, and reachers.
Preference and Experience

• Families and people who use AT are already using social media to explore what professionals are currently doing and what their best options for Assistive Technology might be: Facebook posts, app reviews, consumer reports, blogs, etc.

• Let’s take a look at some social media examples ...
Big Buttons

Then vs Now

100 Pcs Mixed Pattern Wood Buttons 2 Holes Sewing 20mm Craft Lots

Brand new: lowest price
$4.38

Free Shipping
Was $4.66 Save 6%

Get it by Tue, Jul 2 - Tue, Aug 13 from ZHEJIANG, China

- New condition
- 60 day returns - Buyer pays return shipping

“Prefect for many craft projects such as sewing, knitting, scrapbooking or cardmaking. Materials:Wood Color:Mix. Colourful buttons for your own individual character artwor...”

Read full description

Sold by
shesheshe888 (40595)
99.4% Positive feedback
Contact seller
Ratings and Reviews

4.8 8 product ratings

Would recommend 100%
Good value 100%
Good quality 100%

Most relevant reviews

5 stars
Thank you! I got these way before the estimated date of arrival. Perfect and a great price.
Verified purchase: Yes | Condition: New
Apr 21, 2018

tifanieann0301

5 stars
Great
Thank you. Great buttons
Verified purchase: Yes | Condition: New
Jul 24, 2018

moel200

5 stars
Cute
Verified purchase: Yes | Condition: New
Oct 17, 2018

laineycole

5 stars
Love them
Great selection
Verified purchase: Yes | Condition: New
Jan 09, 2018

rosswell2

4 stars
GOOD PRODUCT
Big Crayons

Office Depot
Writing & Drawing

Office Depot® Has The Writing & Drawing Supplies You Need. Browse Our Wide Selection Now & See How Much You Can Save!

www.officedepot.com/writing.Drawing

Crayola So Big Extra Large Crayons, Assorted Colors, Box Of 8
$4.99  ★★★★★ (867)

Crayola Large Crayon Set, Assorted Colors, Box Of 8
$4.19  ★★★★★ (52)

Crayola Classpack Large Crayons, Assorted Colors, Box Of 64
$58.59  ★★★★★ (116)
Three Wheeled Bicycle

Then vs Now
AzTAP Loan Library

https://aztap.org
Playing the guitar
Cups and Straws

Arrow Sip-A-Cup with Built In Straw For Kids Includes Purple, Blue, Green, Orange (4 Pack)

Price: $7.57 Prime FREE Delivery

FREE delivery: June 18 - 21 Details

Color: Pastels Purple, Blue, Green, Orange

Extended delivery time: To offer this low-priced item and a variety of such products, this item ships via ground. Learn more

Only 11 left in stock - order soon.

Sold by Manufacturer Authorized Resellers and Fulfilled by Amazon.

Quantity: 1

More buying choices:
4 new from $7.57
Notes and Writing

• Typewriter for writing
• Tape recorder for notes
• Co-Writer
Sports & Daring Adventures

https://www.daring-adventures.org
Tools for Writing Notes Today

• People still use co-writer. It is even an app on the iPad.

• We have other options for writing and note-taking.

• What are your experiences?

• Have you purchased these items? Or will you?